

Sheena Jones

Tradeswomen Heroes Award Winner - March 2025



Level of Experience: Apprentice

Years in Trade: 4 years

Union: SMART

Local: 36

City: St. Louis, MO

Bio

Sheena Jones is a hardworking 4th-year apprentice with SMART Local 36 in St. Louis, Missouri. She got her start in the trades through the Building Union Diversity (BUD) pre-apprenticeship program, which gave her a solid foundation to build her career. Since then, she's been all in—pushing herself to grow in the trade while lifting up others along the way.

Sister Jones is certified as a Fire Smoke
Damper Supervisor and has proven her
technical skills by passing the TAB (Testing,
Adjusting, and Balancing) written exam with a
91/100 score. But she's not just about technical
know-how—she's passionate about making the
industry more inclusive.

As an active member of SMART's BE4ALL and RISE Committees, she works to create a welcoming space for everyone, especially those from underrepresented backgrounds.

Outside of work, Sister Jones wears many hats—wife, mom to a happy 3-year-old, community advocate, and mentor. She's been a guiding force for new apprentices, co-founded the Local 36 Women's Committee, and even spoken at major events like the Tradeswomen Build Nations Conference. She's a leader, a role model, and a true example of what it means to be a union sister.



Why Nominate Sheena?

Sheena Jones is the definition of a tradeswoman hero. She's got the skills, the work ethic, and the drive to make a difference—not just for herself, but for everyone around her.

From day one, she's been committed to learning, growing, and helping others find their place in the trade. She co-founded the Local 36 Women's Committee to give women in SMART a stronger voice and has played a key role in making sure more people feel seen and supported through her work on the BE4ALL and RISE Committees.

She's also taken the stage at national conferences, sharing her story and inspiring others to step up and make an impact. Sister Jones isn't just a leader in the union—she's also deeply involved in her community. She mentors pre-apprenticeship graduates, sits on boards focused on empowering women, and always finds ways to give back. And when it comes to the work itself, she takes it seriously, proving her expertise with certifications and top test scores.

Business Manager of Local 36, Ray Reasons, stated: "In Local 36, Sheena leads by example. She is very deliberate in her actions and

welcomes people around her like they have known each other for years. She is currently learning how to Tremble a job site, and I'm certain she will do an exemplary job. The level of dedication she exhibits for our Local makes all of us proud. Whenever she can, Sheena sings the praises of the Local and continues to be a strong recruiter for us at job and career fairs. I am very proud to have her on our team!!!"

Sister Jones is a powerhouse. She's shaping the future of the trade, making space for more women, and proving that hard work and heart can change lives. She deserves to be recognized as a NABTU Tradeswomen Hero.