

Amy Carr

Tradeswomen Heroes Award
Winner - September 2024



Level of Experience: Journeyworker

Years in Trade: 12 years

Union: SMART

Local: 276

City: Victoria, British Columbia

Bio

Amy Carr is a trailblazing member of our SMART union. Sister Carr started in Local 276, Vancouver Island – Victoria, British Columbia as one of the first women in commercial HVAC and welding systems. Now, she leads the metal fabrication department at Lewis Sheet Metal. Outside of working hours, Sister Carr tells her story at Camosun College, mentoring people from all backgrounds, including women, Indigenous people, and youth. Sister Carr was also appointed as a member of the SMART International Women's Committee in early 2023.

Why Amy Was Nominated

Sister Carr is known for her strong community involvement. She joins mentorship programs, visits schools to share her knowledge, and supports not-for-profit groups like HeroWork. She also organizes Local 276's annual car show, which raises money for our local children's hospital. In 2018, The BC Construction Association gave Sister Carr a leadership award for her great work. She pushes for an inclusive workplace, uses inclusive language, challenges stereotypes, and promotes fairness in her teams.



As a single parent of three, Sister Carr shows great dedication and resilience. She is passionate about helping others, especially women in the trades, through SMART's International Women's Committee and ongoing mentorship.

Sister Carr's true strength is her infectious spirit in SMART, mentoring many and paving the way for future tradeswomen. Her current project, a mentorship program with the BC Construction Association, shows her commitment to nurturing talent from all backgrounds.

Sister Carr's achievements, support, and mentorship make her a true Tradeswomen Hero, deserving of the NABTU Tradeswomen Heroes Award.